

Women's Self Defense Class

**2 hour class you will learn
Krav Maga defenses against basic
grabs, pushes and chokes.**

Additional information about
Krav Maga and our school at
www.KravMagaTraining.com



**Wednesday, April 14
7:00 - 9:00 pm**

**100% of the proceeds
will be donated to
Global Fund for Women**



The Global Fund for Women is a nonprofit grantmaking foundation that advances women's human rights worldwide. We are a network of women and men who believe that ensuring women's full equality and participation in society is one of the most effective ways to build a just, peaceful and sustainable world. We raise funds from a variety of sources and make grants to women-led organizations that promote the economic security, health, safety, education and leadership of women and girls.

Violence Against Women

The abuse of women and girls is endemic in most societies around the world. One in three women will be raped, beaten, coerced into sex or otherwise violated in her lifetime. Rape as a weapon of war is a feature of conflicts from Sudan to Iraq. Global Fund for Women support programs that offer immediate services to victims of violence, raise awareness about their rights and advocate for an end to all forms of violence.

Visit www.GlobalFundforWomen.org for additional information.

**Krav Maga Worldwide™
Official Training Center
1401 S. Dixie Hwy. E. Suite 4E
Pompano Beach**

**Only 8 class
spots available...
reserve your spot now!**

Call 541.272.0794